SEC	Form	4
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

Section obligation	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See	STATEMENT OF CHANGES IN BENEFICIAL OWNERS							
	Instruction 1(b).	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940							
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Instruction 1(b).		File	d pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940				0.0
1. Name and Addres	1 0	n*	2. Issuer Name and Ticker or Trading Symbol <u>LANDEC CORP \CA\</u> [LNDC]		all applicable Director		10% Owner
(Last) C/O LANDEC C 3603 HAVEN AV		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/26/2016			Other (specify below)	
(Street) MENLO PARK		94025	4. If Amendment, Date of Original Filed (Month/Day/Year) 05/31/2016	6. Indiv Line) X	vidual or Joint/Group Filing (Form filed by One Repor Form filed by More than		ing Person
(City)	(State)	(Zip)			Person	-, -, -, -, -, -, -, -, -, -, -, -, -, -	
1	T	able I - Non-Deriv	ative Securities Acquired, Disposed of, or Benefic	cially (Dwned		

erivative Securities Acquired, Disposed of, or Beneficially Owned

	1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)		4. Securities A Disposed Of (5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(11311.4)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Right to Buy Restricted Stock Units (RSU)	(1)	05/25/2016 ⁽³⁾		М		5,282 ⁽³⁾		05/25/2017 ⁽³⁾	(2)	Common Stock	5 , 282 ⁽³⁾	(1)	5,282 ⁽³⁾	I	Held in Trust

Explanation of Responses:

1. The Restricted Stock Units convert into Common Stock of Landec Corporation on a 1 for 1 basis.

2. Restricted Stock Units will vest on the 1st anniversary of the grant date and will be automatically settled in shares of common stock.

3. The proper transaction date for this grant is May 25, 2016 versus May 26, 2016. Therefore, the amount granted becomes 5,282 versus 5,222.

/s/ Rebecca J Hilt

** Signature of Reporting Person Date

06/01/2016

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.