FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPROVAL								
	OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>HALPRIN STEPHEN E</u>						2. Issuer Name and Ticker or Trading Symbol LANDEC CORP \CA\ [LNDC]									lationship ck all appli Directo	,		rson(s) to Issuer		
(Last) (First) (Middle) C/O LANDEC CORPORATION						3. Date of Earliest Transaction (Month/Day/Year) 06/07/2013									Officer below)	(give title		Other (below)	specify	
3603 HAVEN AVENUE (Street) MENLO PARK CA 94025					4. If Amendment, Date of Original Filed (Month/Day/Year)									Line)	X Form filed by One Reporting Person					
(City)						Form filed by More that Person								n One Repo	orting					
		Tab	le I - Non	-Deriva	ative	Se	curitie	s Ac	quired,	Dis	osed o	of, or Be	enefic	cially	Owned	t				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						ar) i	Executior if any	A. Deemed xecution Date, any //onth/Day/Year)		Transaction Dispose Code (Instr. 5)		rities Acquired (A) ed Of (D) (Instr. 3, 4		and Securiti Benefic		ties Fo cially (D) d Following (I) ted action(s)		vnership n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	v	Amount	Amount (A) or (D)		ice	Transac (Instr. 3						
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		n of		6. Date Exe Expiration (Month/Da	Date		7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		C S (I	s. Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly [10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				C	Code	v	(A)	(D)	Date Exercisabl		xpiration ate	Title	Amor or Numl of Share	ber						
Restricted Stock Unit (RSU)	(2)	06/07/2013			M		3,496		06/07/2013	3	(1)	Common Stock	3,49	96	(2)	3,496		D		

Explanation of Responses:

- 1. Restricted Stock Units will vest on the 1st anniversary of the grant date and will be automatically settled in shares of common stock.
- 2. The restricted stock units convert into common stock of Landec Corporation on a 1 for 1 basis

/s/ Shelley A. Hilt as Attorney-06/10/2013 in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.