FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	Washington, B.O. 20045	
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STATEMENT	OF CHANGES IN BENEFICIAL	OWNERSHIP

	OMB APPROVAL
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OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Sohn Catherine A.				2. Issuer Name and Ticker or Trading Symbol LANDEC CORP \CA\ [LNDC]							(Che	elationship o ck all applica Director	able)	Perso	on(s) to Issu 10% Ov		
(Last) (First) (Middle) C/O 3603 HAVEN AVENUE SUITE E					3. Date of Earliest Transaction (Month/Day/Year) 05/26/2016								Officer (below)	give title		Other (s	pecify
(Street)	PARK C		94025 (Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year) 05/31/2016						6. In Line	Form filed by One Reporting Person Form filed by More than One Reporting Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
Date			2. Transacti Date Month/Day	Execution Date,		Code (Instr.		d (A) or r. 3, 4 and 5	5. Amoun Securities Beneficia Owned Fo	s Formully (D) (ollowing (I) (I	Form: (D) or	rm: Direct or Indirect (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
						Code	٧	Amount	(A) or (D)	Price	Transacti (Instr. 3 a	on(s)			(
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Ye	Code	Transaction Code (Instr. 8) Accord for I		Derivative E		6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and A of Securities Underlying Derivative Se (Instr. 3 and A		ies g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(e S Illy	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable		Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	on(s)		
Right to Buy Restricted Stock Unit (RSU)	(1)	05/25/2016 ⁽⁵⁾		М		5,282 ⁽⁵⁾		05/25/2017	(5)	(4)	Common Stock	5,282 ⁽⁵⁾	(1)	5,282 ⁽⁾	5)	D	

Explanation of Responses:

- 1. The restricted stock units convert into common stock of Landec Corporation on a 1 for 1 basis.
- 4. Restricted Stock Units will vest on the 1st anniversary of the grant date and will be automatically settled in shares of common stock.
- 5. The proper transaction date for this grant is May 25, 2016 versus May 26, 2016. Therefore, the amount granted becomes 5,282 versus 5,222.

/s/ Rebecca J Hilt

06/01/2016

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.