FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Tobin Robert					2. Issuer Name and Ticker or Trading Symbol LANDEC CORP \CA\ [ LNDC ]								k all applica Director	ble)	g Person(s) to Issuer 10% Owner Other (speci below)		ner
(Last) (First) (Middle) C/O LANDEC CORPORATION 3603 HAVEN AVENUE					3. Date of Earliest Transaction (Month/Day/Year) 05/26/2016								Officer (g below)	give title			pecify
(Street)  MENLO PARK CA 94025  (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Indi Line) X					
		7	able I - Non	-Deriva	tive S	Securi	ities Ac	quired,	Dis	posed of, o	or Bene	ficially (	Owned				
1. Title of Security (Instr. 3) 2. T			. Transact	ansaction		2A. Deemed Execution Date, if any (Month/Day/Year)		3. 4. Securities Disposed Of Code (Instr.		Acquired (A) or (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
								Code	v	Amount	(A) or (D)	Price	Reported Transactio (Instr. 3 an	tion(s)		1	Instr. 4)
Common Stock 05/2			05/28/2	/2016			М		3,475	A	\$11.46(1)	36,3	809	D			
										osed of, or convertible			wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	cise (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercis Expiration Date (Month/Day/Yea		е	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported	y [0	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership tt (Instr. 4)
				Code	v	(A)	(D)	Date Exercisa	ble	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)	n(s)		
Restricted Stock Unit	(1)	05/28/2016		M			3,475 <sup>(2)</sup>	05/28/20	16 <sup>(3)</sup>	05/28/2016 <sup>(3)</sup>	Common Stock	3,475	\$0	0		D	
Right to Buy Restricted Stock Unit (RSU)	(1)	05/26/2016		М		5,222		05/26/20	017	(4)	Common Stock	5,222	(1)	5,222		D	

## Explanation of Responses:

- 1. The restricted stock units convert into common stock of Landec Corporation on a 1 for 1 basis.
- 2. The restricted stock units were granted on May 28, 2015.
- 3. The restricted stock units vested on May 28, 2016.
- 4. Restricted Stock Units will vest on the 1st anniversary of the grant date and will be automatically settled in shares of common stock.

<u>/s/ Rebecca J Hilt</u> <u>05/31/2016</u>

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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