FORM 4

UNITED STATES SECU

Washington, D.C. 20549

JKH	IES A	AND	EXCHA	ANGE	COMM	IISSIC	N

OMB APPROVAL									
OMB Number:	3235-0287								
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0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Lake Ryan David					2. Issuer Name and Ticker or Trading Symbol LIFECORE BIOMEDICAL, INC, \DE\ [LFCR]							FCR (Check	ationship of F all applicab Director Officer (q	,		(s) to Issue 10% Ow Other (s)	ner
(Last)	(Firs	st)	(Middle)									V	below)	ve ade		below)	
C/O LIFECORE BIOMEDICAL, INC. 3515 LYMAN BLVD.					3. Date of Earliest Transaction (Month/Day/Year) 09/03/2024								Ch	ief Finaı	ncial (Officer	
(Street) CHASKA MN 55318					4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Indiv	6. Individual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(Sta	ite)	(Zip)														
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
Date				2. Transac Date (Month/Da	Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 ar					Form:	Direct Indirect Itr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
							Code	v	Amount	Amount (A) or (D)		(Instr. 3 and 4)				msu. 4)	
Common Stock 09/0:				09/03/2	3/2024		A		262,500 A		(1)	262,500			D		
						curities <i>A</i> Ils, warra						ficially Ow rities)	ned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Yea	Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		te			8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securitie Beneficie Owned Followin Reported Transact	re es ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisa	ble	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)			
Performance- Based Restricted Stock Units	(2)	09/03/2024		A		750,000 ⁽³⁾		(4)		09/03/2029	Common Stock	750,000(3)	\$0	0		D	

Explanation of Responses:

- 1. The restricted stock units convert into common stock of Lifecore Biomedical, Inc. on a 1 for 1 basis.
- 2. Each performance-based restricted stock unit represents a contingent right to receive one share of the Issuer's common stock.
- 3. Represents the maximum number of performance-based restricted stock units that can vest based on the Issuer's achievement of certain stock price milestones.
- 4. The performance-based restricted stock units vest, if at all, based on the Issuer's achievement of certain stock prices.

Remarks:

/s/ Rebecca J Hilt, Attorney-In-Fact for Ryan Lake

09/05/2024

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.