Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APP	OMB APPROVAL										
OMB Number:	3235-0287										
Estimated average burden											
hours per respense:	0.5										

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* CRAMER KIRBY L					2. Issuer Name and Ticker or Trading Symbol LANDEC CORP \CA\ [LNDC]										5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
CRAM	ER KIRE	<u>3 Y L</u>				11.11	<u> </u>	COIL	1 (01	<u> </u>		,			:	X Directo	or		10% Ov	vner	
(Last) (First) (Middle) C/O LANDEC CORPORATION						3. Date of Earliest Transaction (Month/Day/Year) 05/09/2005										Officer below)	(give title		Other (s below)	specify	
3603 HA	VEN AVE	NUE			4. If Amendment, Date of Original Filed (Month/Day/Ye								y/Yea	ar)		6. Individual or Joint/Group Filing (Check Applicable					
(Street)																Line) X Form filed by One Reporting Person					
` ′	PARK C	A	94025													Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(S	tate)	(Zip)																		
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
Dat			Date	. Transaction ate Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Co	Transaction Code (Instr.							es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Co	de V		Amount		(A) or (D)	Price	Reported Transact (Instr. 3	tion(s)			(Instr. 4)	
Common Stock				05/09/2005					M	1		26,086		A	\$1.4	4 26	,086		D		
Common Stock				05/09	05/09/2005				M	1		10,000		A	\$3.5	36	,086	D			
Common Stock			05/09/2005				N	1		10,000		A	\$3.5	46	5,086		D				
Common	Stock			05/09	9/200)5			M	1		10,00	0	A	\$2.5	5 56	,086				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	d Date,	I. Transa	nsaction de (Instr. D Si A (<i>f</i> D		5. Number 6. of Ex		5. Date Exercisa Expiration Date Month/Day/Yea		able and 7. 1 of S ur) Und		Title and Amo Securities nderlying erivative Secu nstr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Ownersh Form: Direct (D) or Indirect (I) (Instr.	Ownership	Beneficial Ownership t (Instr. 4)	
					Code	v	(A)	(D)	Date Exerci	sable	Ex Da	xpiration ate	Title		Amount or Number of Shares						
Incentive Stock Option	\$1.44	05/09/2005			M			26,086	09/12/	1995	09)/12/2005	Com	imon ock	26,086	\$1.44	0		D		
Incentive Stock Option	\$3.5	05/09/2005			M			10,000	04/14/	1999	04	/14/2009	Com	imon ock	10,000	\$3.5	0		D		
Incentive Stock Option	\$3.5	05/09/2005			M			10,000	03/29/	2001	03	3/29/2011	Com	imon ock	10,000	\$3.5	0		D		
Incentive Stock Option	\$2.55	05/09/2005			M			10,000	03/27/	2003	03	/27/2013	Com		10,000	\$2.55	0		D		

Explanation of Responses:

/s/ Stacia Leigh Skinner by power of attorney ** Signature of Reporting Person

05/10/2005

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).