FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 2054	19
-------------	-----------	----

STATEMENT	OF CHAI	NGES IN	BENEFICIA	L OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response.	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* EDWARDS JEFFREY L				2. Issuer Name and Ticker or Trading Symbol LANDEC CORP \CA\ [LNDC]							lationship of ck all applica Director		Perso	n(s) to Issu 10% Ov				
(Last) (First) (Middle) C/O LANDEC CORPORATION				3. Date of Earliest Transaction (Month/Day/Year) 10/14/2021								Officer (below)	give title		Other (s below)	specify		
2811 AIRPARK DRIVE				4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Inc	6. Individual or Joint/Group Filing (Check Applicable Line)							
(Street) SANTA	MARIA (CA	93455										X		,		ting Persor One Repor	
(City)	(State)	(Zip)															
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
Date				action 2A. Deemed Execution Date, if any (Month/Day/Year)		xecution Date, any		3. Transaction Code (Instr. 8) 4. Securities Acquir Disposed Of (D) (Instr. 9)				5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
								Code V	,	Amount	(A) or (D)	Price	Reported Transaction (Instr. 3 ar	ion(s)			(Instr. 4)	
Common Stock 10			10/14	4/2021			A		5,398	A	\$9.77(1)	5,398			D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/Y	Cod	saction e (Instr.	Deri Sec Acq or D of (I	Derivative		6. Date Exercisal Expiration Date (Month/Day/Year			7. Title and Amount of Securities Underlyind Derivative (Instr. 3 and	f g Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficia Owned Following Reported Transact	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)
				Cod	e V	(A)	(D)	Dat Exe	te ercisable		Expiration Date	Title	Amount or Number of Shares	nt (Instr.		ion(a)		
Restricted Stock Unit	(1)	10/14/2021		М			5,398 ⁽²⁾	10/	/14/2021 ⁽³⁾	1	0/14/2021 ⁽³⁾	Common Stock	5,398	\$9.77	0		D	

Explanation of Responses:

- 1. The restricted stock units convert into common stock of Landec Corporation on a 1 for 1 basis.
- 2. The restricted stock units were granted on October 14, 2020.
- 3. The restricted stock units vested on October 14, 2021.

Remarks:

/s/Aaron Perlitsh

10/18/2021

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.