| SEC I | Form 4 |
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## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| Check this box if no longer subject to |
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| Section 16. Form 4 or Form 5           |
| obligations may continue. See          |
| Instruction 1(b).                      |

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 OMB APPROVAL
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hours per response: 0.5

| 1. Name and Address of Reporting Person                   |            |            | 2. Issuer Name <b>and</b> Ticker or Trading Symbol<br><u>LANDEC CORP \CA</u> [ LNDC ] | 5. Relationship of Reporting Person(s) to Issuer<br>(Check all applicable)            |                            |                          |  |  |
|---|------------|------------|---|---|----------------------------|--------------------------|--|--|
| GOLDBY STEVEN D   |            |            |   | X   | Director                   | 10% Owner                |  |  |
| (Last) (First)<br>C/O LANDEC CORPORA<br>3603 HAVEN AVENUE | ORPORATION | (Middle)   | 3. Date of Earliest Transaction (Month/Day/Year)<br>05/26/2016                        |   | Officer (give title below) | Other (specify<br>below) |  |  |
| 3603 HAVEN AVENUE   |            |            | 4. If Amendment, Date of Original Filed (Month/Day/Year)                              | 6. Individual or Joint/Group Filing (Check Applicable                                 |                            |                          |  |  |
| 3603 HAVEN AVENUE (Street)                                | 94025      | 05/31/2016 | Line)<br>X  | Form filed by One Reporting Person<br>Form filed by More than One Reporting<br>Person |                            |                          |  |  |
| (City)  | (State)    | (Zip)      |   |   |                            |                          |  |  |

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | Code ( | ction | 4. Securities A<br>Disposed Of ( |               |       | 5. Amount of<br>Securities<br>Beneficially<br>Owned Following<br>Reported<br>Transaction(s)<br>(Instr. 3 and 4) | Form: Direct<br>(D) or Indirect<br>(I) (Instr. 4) | 7. Nature of<br>Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|---------------------------------|--------------------------|---|--------|-------|----------------------------------|---------------|-------|---|---|---|
|                                 |                          |   | Code   | v     | Amount                           | (A) or<br>(D) | Price |   |   |   |

 
 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| (3-,,  |   |  |   |                              |   |                      |     |  |                    |   |  |   |  |  |  |
|--|---|--|---|------------------------------|---|----------------------|-----|--|--------------------|---|--|---|--|--|--|
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)  | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transa<br>Code (<br>8) |   | Derivative           |     | 6. Date Exercisable and<br>Expiration Date<br>(Month/Day/Year) |                    | 7. Title and Amount<br>of Securities<br>Underlying<br>Derivative Security<br>(Instr. 3 and 4) |  | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|  |   |  |   | Code                         | v | (A)                  | (D) | Date<br>Exercisable  | Expiration<br>Date | Title   | Amount<br>or<br>Number<br>of<br>Shares |   | Transaction(s)<br>(Instr. 4)   |  |  |
| Right to<br>Buy<br>Restricted<br>Stock Unit<br>(RSU) | (1)   | 05/25/2016 <sup>(5)</sup>                  |   | М                            |   | 5,282 <sup>(5)</sup> |     | 05/25/2017 <sup>(5)</sup>                                      | (4)                | Common<br>Stock   | 5,282 <sup>(5)</sup>                   | (1)   | 5,282 <sup>(5)</sup>   | D  |  |

### Explanation of Responses:

1. The restricted stock units convert into common stock of Landec Corporation on a 1 for 1 basis.

4. Restricted Stock Units will vest on the 1st anniversary of the grant date and will be automatically settled in shares of common stock.

5. The proper transaction date for this grant is May 25, 2016 versus May 26, 2016. Therefore, the amount granted becomes 5,282 versus 5,222.

#### /s/ Rebecca J Hilt

\*\* Signature of Reporting Person

06/01/2016 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.