FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB AP	PROVAL
OMB Number:	3235-028

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					or :	Section	n 30(n) (or tne	Investment C	-ompar	ny Act	01 1940						
1. Name and Address of Reporting Person [*] <u>HALPRIN STEPHEN E</u>				2. Issuer Name and Ticker or Trading Symbol LANDEC CORP \CA\ [LNDC]							(Ch	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
												X Directo	or		10% Ov	vner		
(Last) (First) (Middle) C/O LANDEC CORPORATION						3. Date of Earliest Transaction (Month/Day/Year) 06/15/2006								Officer below)	(give title		Other (s below)	specify
3603 HAVEN AVENUE				1 If	If Amendment, Date of Original Filed (Month/Day/Year)							6.1	6. Individual or Joint/Group Filing (Check Applicable					
(Street) MENLO	PARK (CA !	94025		17.11	4. It raineralitett, Date of Original Fried (World Day/Teal)					Line					n		
(City)	(State)	(Zip)															
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)			Execution Date,		Code (Instr. 5)			Benefici	ties For cially (D) Following (I) (orm: Direct) or Indirect (Instr. 4)	7. Nature of Indirect Beneficial Ownership						
							Code V	/ An	nount	nt (A) or (D)		Transac (Instr. 3	ction(s)			(Instr. 4)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Yo	Date, Trans Code					6. Date Exercisable ar Expiration Date (Month/Day/Year)		and	7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisable	Expira Date	ation	Title	Amount or Number of Shares					
Common Stock (Right to Buy)	\$8.86	06/15/2006			Α		5,000		06/15/2006	06/15/	/2013	Common Stock	5,000	\$8.86	105,00	0	D	
Restricted Stock Unit	(1)	06/15/2006			Α		1,667		06/15/2007	(1	1)	Comon Stock	1,667	\$8.86	1,667		D	

Explanation of Responses:

1. Restricted Stock Units will vest on the 1st anniversary of the grant date and will be automatically settled in shares of common stock subject to vesting.

/s/ Stacia Leigh Skinner by power of attorney

06/16/2006

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.