## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, I	D.C.	20549
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<b>STATEMENT</b>	OF CHANGES I	N BENEFICIAL	<b>OWNERSHIP</b>

l	OMB APPRO	VAL
	OMB Number:	3235-0287
l	Estimated average burd	en
l	hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  HALPRIN STEPHEN E						2. Issuer Name and Ticker or Trading Symbol  LANDEC CORP \CA\ [ LNDC ]								neck all appli X Directo			son(s) to Iss 10% Ov Other (s	wner
(Last) (First) (Middle) C/O LANDEC CORPORATION 3603 HAVEN AVENUE					06/	3. Date of Earliest Transaction (Month/Day/Year) 06/28/2007								below)			below)	
(Street) MENLO PARK CA 94025				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)							Lin	Individual or Joint/Group Filing (Check Applicable ne)  X Form filed by One Reporting Person  Form filed by More than One Reporting Person					
(City)	(S		(Zip)															
Table I - Non-Deriva  1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)			2A. Deemed Execution Date,		3. Transacti Code (Ins	ion E	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)		ed (A) or tr. 3, 4 and	5. Amou Securitie Benefici Owned F Reporter Transact	es (D) of Forrially (D) of (I) (I of tion(s)		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transaction Code (Instr. 8)		n of E		6. Date Exercisable ar Expiration Date (Month/Day/Year)		e and	nd 7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	V	(A)	(D)	Date Exercisable	Expi Date	iration e	Title	Amount or Number of Shares					
Stock Option (Right to Buy)	\$13.32	06/28/2007			A		5,000		06/28/2007	06/2	28/2014	Common Stock	5,000	\$13.32	105,00	0	D	
Restricted Stock Unit	(2)	06/28/2007			A		1,667		06/28/2008		(1)	Common Stock	1,667	\$0.00	1,667		D	

## **Explanation of Responses:**

- 1. Restricted Stock Units will vest on the 1st anniversary of the grant date and will be automatically settled in shares of common stock subject to vesting.
- 2. The restricted stock units convert into common stock of Landec Corporation on a 1 for 1 basis

/s/ Stacia Leigh Skinner by power of attorney

07/02/2007

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.