FORM 4

obligations may continue. See Instruction 1(b).

Check this box if no longer subject to Section 16. Form 4 or Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Washington, D.C. 20049

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* STEELE GARY T							2. Issuer Name and Ticker or Trading Symbol LANDEC CORP \CA\ [LNDC]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) (Middle) C/O LANDEC CORPORATION 3603 HAVEN AVENUE						3. Date of Earliest Transaction (Month/Day/Year) 04/11/2007									X	Officer (give title below) CEO and			(specify
(Street) MENLO PARK CA 94025 (City) (State) (Zip)					4. 11										n filed by One n filed by Mor	Filing (Check A e Reporting Pers re than One Rep	son		
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day							Execution Da			3. Transa Code (8)		4. Securitie Disposed C				5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
										Code	v	Amount	(A) or (D)	Pric	е	Trans	rted action(s) 3 and 4)		(Instr. 4)
Common Stock 04/11/20						2007)07			S		1,700	D	\$1	13.05		75,105	I	By Trust
Common Stock 04/11/20						2007						5,000	D	\$1	\$13.02		70,105	I	By Trust
Common Stock 04/11/20						2007)07			S		5,000	D	\$13	\$13.0161		65,105	I	By Trust
Common Stock																	739	D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercis Price of Derivative Security	rcise (Month/Day/Year) if any if (Month/ tive				(Instr.	Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerc Expiration Da (Month/Day/Y		ite	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amount or Number of Shares		Der Sec (Ins	rice of ivative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

/s/ Stacia Leigh Skinner by Power of Attorney

** Signature of Reporting Person Date

04/12/2007

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.