FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549	

STATEMENT	OF (CHANGES	IN BENEF	FICIAL	OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* OBUS NELSON					2. Issuer Name and Ticker or Trading Symbol LANDEC CORP \CA\ [LNDC]							lationship of ck all applica Director		g Perso	on(s) to Issu 10% Ov			
(Last)	,	First)	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 06/04/2022								Officer (give title below)			Other (sbelow)	specify	
2811 AII	RPARK DI	RIVE			4. If Am	endm	ent, Date	of Or	riginal File	ed (N	Month/Day/Y	′ear)		lividual or Jo	int/Group	Filing (Check App	licable
(Street) SANTA	MARIA (C A	93455										Line)		,		ting Persor One Report	
(City)	(State)	(Zip)															
		Ta	able I - Nor	n-Deriva	tive S	ecu	rities A	cqu	ired, D	isp	osed of,	or Bene	ficially	Owned				
, (Date	2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year		Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4			Beneficial Owned Fo	ly	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
								Code V	,	Amount	(A) or (D)	Price	Reported Transaction (Instr. 3 ar	on(s)			(Instr. 4)	
Common Stock			06/04/	4/2022			A		7,059	A	\$9.5(1)	51,477			D			
			Table II -								sed of, o			wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	ise (Month/Day/Year)	te Execution Date	Code	e, Transaction Code (Instr. 8) Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Derivative Securities Acquired (A) or Disposed of (D) (Instr.		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative (Instr. 3 and	f g Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transaction	e es ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code			Date	e ercisable		xpiration ate	Title	Amount or Number of Shares		(Instr. 4)				
Restricted Stock Unit	(1)	06/04/2022		М			7,059 ⁽²⁾	06/0	04/2022 ⁽³⁾	06	6/04/2022 ⁽³⁾	Common Stock	7,059	\$9.5	0		D	

Explanation of Responses:

- 1. The restricted stock units convert into common stock of Landec Corporation on a 1 for 1 basis.
- 2. The restricted stock units were granted on June 4, 2021.
- 3. The restricted stock units vested on June 4, 2022.

Remarks:

/s/Aaron Perlitsh

06/07/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.