SEC Form 4

Instruction 1(b)

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECU	RITIES	AND EXCHANGE	COMMISSION
		B 0.00510	

Washington, D.C. 20549

OMB APPROVAL

5-0287

0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:	323
	Estimated average bur	den
	hours per response:	

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

1. Name and Add	Iress of Reportin	g Person [*]	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer				
1	Diradoorian Raymond H		LIFECORE BIOMEDICAL, INC. \DE\ [LFCR]	(Check all applicable) Director 10% Owner Officer (give title Other (specify				
(Last) (First) (Middle) C/O LIFECORE BIOMEDICAL, INC. 3515 LYMAN BLVD.		(, ,	3. Date of Earliest Transaction (Month/Day/Year) 07/08/2024	below) below)				
			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)				
(Street)				Form filed by One Reporting Person				
CHASKA	MN	55318		Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Rule 10b5-1(c) Transaction Indication					
			Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intersection satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.					
		Table I - Non-Deriv	ative Securities Acquired Disposed of or Bene	ficially Owned				

Table 1 - Non-Derivative Securities Acquired, Disposed of, or beneficiary Owned										
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	07/08/2024		Α		30,000	Α	(1)(2)	69,978	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 3. Transaction Date 3A. Deemed Execution Date. 6. Date Exercisable and 9. Number of 1. Title of 2. Conversion 5. Number 7. Title and 8. Price of 10. 11. Nature Derivative Expiration Date (Month/Day/Year) Ownership Transaction of Amount of Derivative derivative of Indirect Security (Instr. 3) or Exercise Price of (Month/Day/Year) if any (Month/Day/Year) Code (Instr. Derivative Securities Underlying Security (Instr. 5) Securities Beneficially Form: Direct (D) Beneficial Ownership 8) Securities Acquired (A) or Disposed Owned Following Reported Derivative Derivative or Indirect (I) (Instr. 4) (Instr. 4) Security (Instr. 3 and 4) Security of (D) (Instr. 3, 4 Transaction(s) (Instr. 4) and 5)

Date

Exercisable

Expiration

Date

Explanation of Responses:

1. The restricted stock units convert into common stock of Lifecore Biomedical, Inc. on a 1 for 1 basis.

2. Vests on earlier of the first anniversary of the grant date or the date of the annual meeting of stockholders first held in calendar year 2025, subject to potential acceleration.

(A) (D)

Remarks:

<u>/s/ Rebecca Hilt, Attorney-In-</u> Fact for Raymond Diradoorian 07/10/2024

** Signature of Reporting Person Date

Amount or Number

of

Shares

Title

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code V

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.