FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
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0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Last) C/O LAI	VER GRE (F NDEC COF	Address of Reporting Person*  R GREGORY S  (First) (Middle)  DEC CORPORATION  EN AVENUE						Susuer Name and Ticker or Trading Symbol LANDEC CORP \CA\ [ LNDC ]      Date of Earliest Transaction (Month/Day/Year)     03/21/2016								of Reporting Person(s) to Issuer cable) or 10% Owner (give title Other (specify below) nance and Admin & CFO			
(Street)	PARK C	A	94025 (Zip)			4. If Amendment, Date of Original Filed (Month/Day/Year) 03/23/2016								ne) X Forn Forn					
4 7:4164	0		le I - No			_			<del>-</del>	Dis	posed o					100	auahin I	7. Nature	
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)				Execution D  Oay/Year) if any		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4		5) Secur Benef	5. Amount of Securities Beneficially Owned Following		n: Direct	of Indirect Beneficial Ownership			
							·	Code	v	Amount	(A) o (D)	r Price	Repor				(Instr. 4)		
Common Stock 03/21/2					1/201	2016		М		22,500	00 A \$		.2 2	256,443		D			
Common Stock 03/21/2				1/201	2016		М		12,815	(1) D	\$10.	92 2	43,628		D				
		-	Гable II -								osed of, convertil			y Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deeme Execution if any (Month/Da	Date,	Date, Transac Code (I		of E		6. Date Exercisable an Expiration Date (Month/Day/Year)		е	d 7. Title and Amo of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership tt (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amount or Number of Shares						
Incentive Stock Option (right to	\$10.92	03/21/2016			Х			22,500	06/21/20	09	05/21/2016	Common Stock	22,500	\$6.22	0		D		

## Explanation of Responses:

1. Mr Skinner surrendered to the Issuer the right to receive an aggregate of 12,815 shares of Common Stock. Mr. Skinner did not sell any shares of Common Stock in connection with the foregoing exercise.

/s/ Rebecca J Hilt

03/24/2016

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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