FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549	
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Washington, D.C. 20049	OMB APPROVAL			
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:	3235-028		

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5Filed pursuant to Section 16(a) of the Securities Exchan or Section 30(h) of the Investment Company Act

AL OWNERSHIP	OMB Number:	3235-0287					
AL OTTILLION	Estimated average burden						
~~ A at af 1024	hours per response:	0.5					
ge Act of 1934 of 1940							

1. Name and Address of Reporting Person* Josephs Paul					LIF	2. Issuer Name and Ticker or Trading Symbol LIFECORE BIOMEDICAL, INC. \DE\ [LFCR]								(Chec	k all app	licable) tor	ng Person(s) to Issuer		wner
(Last) (First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year)								7	Officer (give title Other below) belo Chief Executive Office				specify	
C/O LIFECORE BIOMEDICAL, INC. 3515 LYMAN BLVD.				12/0	12/06/2024										Chief Executive Officer				
(Street)					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)				
CHASK	A MI	N 5	5318		Form filed by One Reporting F Form filed by More than One I Person								-						
(City)	(St	ate) (Z	Zip)																
			I - No							Dis	posed of				<u>, </u>				7. Nature
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day					Execution Date,			3. Transaction Code (Instr. 8) 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 6) 5)					Securi Benefi Owned	Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
								Code	v	Amount	(A (D	or I	Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock 12/06/2				.024		A		38,461	A		\$ <mark>0</mark>	554,486		D					
Common Stock 12/06/2				2024			F		11,769 ⁽¹⁾ D		\$7.15	542,717		D					
		Tal									osed of, convertib				Owne	d			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed ion Date, /Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Expirati (Month/	on Da		7. Title and Amount of Securities Underlying Derivative Security (Ir 3 and 4)		De Se (In	Price of erivative curity str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Own For Dire or I	nership m: oct (D) ndirect nstr. 4)	11. Natu of Indire Benefici Ownersi (Instr. 4)
					Code	v	(A)	(D)	Date Exercisable		Expiration Date	Amo or Num of Title Sha		ber					

Explanation of Responses:

1. Represents the amount of shares delivered to satisfy applicable tax withholding obligations in connection with the stock grant.

Remarks:

/s/ Rebecca J Hilt Attorney-In-12/1<u>0/2024</u> Fact for Paul Josephs

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.