

U.S. SECURITIES AND EXCHANGE COMMISSION  
Washington, DC 20549

FORM 4

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,  
Section 17(a) of the Public Utility Holding Company Act of 1935 or  
Section 30(f) of the Investment Company Act of 1940

Check this box if no longer subject to Section 16. Form 4 or Form 5  
obligations may continue. See Instruction 1(b).

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1. Name and Address of Reporting Person\*

Wicker                      Damion                      E.  
-----  
(Last)                      (First)                      (Middle)

c/o Chase Venture Capital Associates, LLC ("CVCA, LLC")(FN 1)  
380 Madison Avenue, 12th Floor

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(Street)

New York                      New York                      10017  
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(City)                      (State)                      (Zip)

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2. Issuer Name and Ticker or Trading Symbol

Landec Corporation ("LNDC")

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3. IRS Identification Number of Reporting Person, if an Entity (Voluntary)

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4. Statement for Month/Year

January 2000

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5. If Amendment, Date of Original (Month/Year)

February 1997

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6. Relationship of Reporting Person to Issuer  
(Check all applicable)

Director     10% Owner  
 Officer (give title below)                       Other (specify below)

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7. Individual or Joint/Group Filing (Check Applicable Line)

Form filed by one Reporting Person  
 Form filed by more than one Reporting Person

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\* If the Form is filed by more than one Reporting Person, see Instruction  
4(b)(v).

Table I -- Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (mm/dd/yy)	3. Transaction Code (Instr. 8)	V	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned at End of Month (Instr. 3 and 4)	6. Owner- ship Form: Direct (D) or Indirect (I) (Instr.4)	7. Nature of Beneficial Ownership (Instr. 4)	
Common Stock	N/A	N/A		N/A	N/A	N/A	1,306,817	I	FN 2

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Table II -- Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion Price of Exercise of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned at End of Month (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Beneficial Ownership (Instr. 4)
Options (right to buy)	\$0.86	5/27/95	A		Immed. 5/27/05	Common Stock 35,434	0.00	35,434	D (FN 3)	
Options (right to buy)	\$7.625	2/2/97	A		Immed. 2/2/07	Common Stock 20,000	0.00	35,434	D (FN 3)	
Options (right to buy)	\$0.575	12/14/93	A	A	Immed. 12/15/98	Common Stock 3,478	0.00	35,434	D (FN 4)	
Options (right to buy)	\$0.8625	5/25/95	A	A	Immed. 5/25/05	Common Stock 3,478	0.00	35,434	D (FN 4)	
Options (right to buy)	\$9.34	12/14/93	A	A	Immed. 1/26/06	Common Stock 5,000	0.00	35,434	D (FN 4)	

Explanation of Responses:

(1) The amounts shown represent the beneficial ownership of the Issuer's securities by CVCA, LLC, a portion of which may be deemed attributable to the reporting person because the reporting person is a general partner of CCP, which is (i) the sole managing member of CCP-SBIC Manager, LLC, the managing member of CVCA, LLC, (ii) the managing member of CCP-CMC Consolidating, LLC, ("Consolidating"), the non-managing member of CVCA, LLC, and (iii) the manager, by delegation, of CVCA, LLC, pursuant to a master advisory agreement with CCP-SBIC Manager, LLC and Consolidating. The actual pro rata portion of such beneficial ownership that may be deemed attributable to the reporting person is not readily determinable because it is subject to several variables, including CVCA, LLC's and CCP's internal rate of return and vesting.

(2) The amounts shown represent the beneficial ownership of the Issuer's securities by CVCA, LLC, a portion of which may be deemed attributable to the reporting person because the reporting person is a partner of CCP, which is (i) the sole managing member of CCP-SBIC Manager, LLC, the managing member of CVCA, LLC, (ii) the managing member of Consolidating, the non-managing member of CVCA, LLC and (iii) the manager, by delegation, of CVCA, LLC. The actual pro rata portion of such beneficial ownership is not readily determinable because it is subject to several variables, including CVCA, LLC's and CCP's internal rate of return and vesting.

(3) The Common Stock and Options identified by footnotes 3 and 4 to Table II were granted to the reporting person, in the case of those marked by footnote 3, or to Mitchell Blutt, M.D., a former director of the Issuer and a general partner of CCP, in the case of footnote 4, in their capacity as directors of the Issuer. The reporting person and Dr. Blutt are contractually obligated to transfer the Common Stock and any shares issued under the Options to CVCA, LLC.

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

/s/ Damion E. Wicker

2/ /2000

Damion E. Wicker

Date

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.